



Adult Tennis

2023

Cardio Tennis

Mondays, Wednesdays, Fridays
9:30 - 10:30 am
\$10.00 per person



Want to get a cardio workout, but want to play tennis at the same time? The come out for Cardio Tennis and get your feet moving, while listening to music, doing tennis drills and working out with others. It's a great way to start the day.

*Note: If you are interested in a evening edition, I'm willing to organize one if 4 or more are interested.

Tennis Group Drills

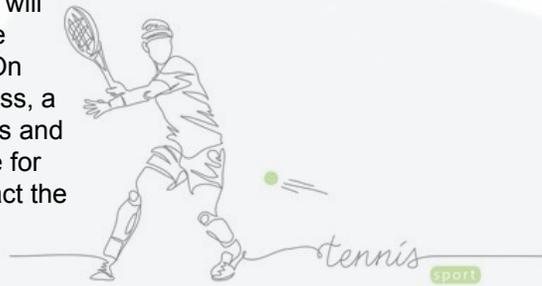
Thursdays
5:30 - 6:30 pm
\$10.00 per class

Tennis Drills is for both men and women. It's never too late to receive instruction. Come and participate in drills that focus on volleying, ground strokes, game application, and serving. This is a great opportunity to either freshen-up on aspects of your game you need to work on or either learn for the first time

Tennis League

One match per week,
Agreed upon time and day
among competitors

Interested in playing competitively and want to see if you can match-up play with others? Try participating in a tennis league or pickleball league. For tennis it is singles play and for pickleball it will be doubles play, so you will need to find a partner. Format of the leagues will be dependent on the number of people participating. On average you will play only one match per week unless, a participant knows they will be gone one of the weeks and wants to squeeze two matches in a week. Deadline for league sign-ups will be May 28th. To sign-up, contact the tennis courts or see Shane Smith, tennis director.



Note: For most events please contact staff at tennis courts or contact Shane Smith, tennis director, in advance to notify staff that you are attending.

Fridays
Once a Month
5:30 - 8:00

Corks and Courts

Corks and Courts is a fun, social evening, where couples can come and play tennis doubles or pickleball once a month. This is a social event and All levels of play are welcome. It will be a laid-back atmosphere where individuals can enjoy wine and food between rounds (if you don't like wine, I'm sure we can find another beverage that is of your choosing). There will be for the event.



June 16th 5:30 - 8:00 pm
July 7th 5:30 - 8:00 pm
August 11th 5:30 - 8:00 pm

Mondays
5:30 - 8:00 pm

Adult Tennis Night

Every Monday night this summer, Adults at the CCP have an opportunity to come together and play doubles. All levels of tennis play are welcome. It will consist of round robin play and is intended to be casual/fun play.

Wednesdays
6:00 - 7:00 pm

Family Clinics

Every Wednesday families are welcome to join us at the tennis courts. There will be games and drills for the whole family to participate in. Afterwards, feel free to stay and play.