## COUNTRY CLUB OF PEORIA
### 2019 SWIMMING & DIVING SCHEDULE

<table>
<thead>
<tr>
<th>DATE</th>
<th>OPPONENT</th>
<th>SITE</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, June 8</td>
<td>Swim Team Qualifier</td>
<td>CCP</td>
<td>9:00am</td>
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<tr>
<td>Thursday, June 13</td>
<td>Washington</td>
<td>CCP</td>
<td>5:30pm</td>
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<tr>
<td>Sunday, June 16</td>
<td>Bloomington</td>
<td>CCP</td>
<td>10:00, 12:00</td>
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<tr>
<td>Sunday, June 23</td>
<td>Champaign</td>
<td>Champaign</td>
<td>10:00, 12:00</td>
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<tr>
<td>Thursday, June 27</td>
<td>Mt. Hawley</td>
<td>CCP</td>
<td>5:30pm</td>
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<tr>
<td>Saturday, June 29</td>
<td>PAWW Sizzler*</td>
<td>Central Park Pool</td>
<td>TBA (*fee)</td>
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<tr>
<td>Sunday, July 7</td>
<td>Danville</td>
<td>CCP</td>
<td>10:00, 12:00</td>
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<tr>
<td>Sunday, July 14</td>
<td>Illini</td>
<td>Illini</td>
<td>10:00, 12:00</td>
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<tr>
<td>Thursday, July 18</td>
<td>Tri-Meet</td>
<td>Mt. Hawley</td>
<td>5:30pm</td>
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<tr>
<td>Sunday, July 21</td>
<td>Decatur</td>
<td>Decatur</td>
<td>10:00, 12:00</td>
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<tr>
<td>Sat. &amp; Sunday, July 27/28</td>
<td>CICCA</td>
<td>Bloomington</td>
<td>TBD</td>
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### Important Dates
- **Sunday, June 16, 2019** - Swim Team Pictures
- **Thursday July 25, 2019** - CICCA Kick Off/Pasta Night

### IN-TOWN MEETS
Warm-ups start at 5:00pm, Meets start at 5:30pm. Arrive 5 minutes before 5:00pm.

### SUNDAY MEETS
Divers: Warm-ups start at 9:00am, Diving competition starts at 10:00am. Arrive 5 minutes before 9:00am.
Swimmers: Warm-ups start at 11:30am (approximately), Swimming Meet begins at 12:00pm. Arrive 5 minutes before warm-ups.
PRACTICE SCHEDULE
Begins Monday, June 10, 2019

Monday, Tuesday, Wednesday, Friday

**Swimming** 9:30–10:30  
10 and under  
Diving 10:30–11:15

**Swimming** 10:30–11:45  
11 and up  
Diving 9:30–10:15

**Thursday**

10:00 – 11:00  
All ages swim  
No diving

**Pre-Team**  
*Monday, Tuesday, Wednesday*

12:00–12:30pm

Pre-Team is for those swimmers who know how to swim freestyle, but who can’t swim the length of the pool without assistance. Swimmers must be able to participate confidently in water activities and basic strokes will be taught. Pre-Team is meant for swimmers that intend to join the Swim Team by July!

**Group Lessons**  
*Monday, Tuesday, Wednesday*

9:00–9:30am or 12:30–1:00pm

Group lessons are for those with some water experience. Participants must be able to float on back/stomach unassisted and the focus of lessons will be on learning freestyle and building water confidence.  
*NOTE: Must be 4+ years old. A minimum of 3 swimmers is required for group lessons.*

**Private Lessons**  

Private lessons are for those with no previous water experience. The focus of private lessons is to build water confidence and teach basic swimming needs. Lessons are available to swimmers of all levels of experience and will be on an individual basis at a time that works for both the swimmer and instructor. Arrangements can be made through Lynn Thompson at lthompson@ccofpeoria.org.

**Swim Team Qualifier**  
The Swim Team Qualifier is for both parents and swimmers who are uncertain if they are ready for the team.

**Pool House**

(309) 685-2313

Pool Manager: Lynn Thompson  
lthompson@ccofpeoria.org  
Head Swim Coach: Allison Thompson  
swimteam@ccofpeoria.org