



## COUNTRY CLUB OF PEORIA 2017 SWIMMING & DIVING SCHEDULE

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
<b>Saturday, May 29</b>	<b>Swim Team Qualifier</b>	<b>CCP</b>	<b>9:00am</b>
<b>Sunday, May 30</b>	<b>Swim Team Qualifier</b>	<b>CCP</b>	<b>9:00am</b>
Sunday, June 18	Illini	Illini	10:00, 12:00
Sunday, June 25	Decatur	Decatur	10:00, 12:00
<b>Thursday, June 29</b>	<b>Mt. Hawley</b>	<b>CCP</b>	<b>5:30pm</b>
<b>Sunday, July 9</b>	<b>Bloomington</b>	<b>CCP</b>	<b>10:00, 12:00</b>
Sunday, July 16	Champaign	Champaign	10:00, 12:00
Thursday, July 13	Tri-Meet	MHCC	5:30pm
<b>Sunday, July 23</b>	<b>Danville</b>	<b>CCP</b>	<b>10:00, 12:00</b>
Sat. & Sunday, July 29/30	CICCA	Champaign	TBD

### **Important Dates**

**Sunday, July 9, 2017** - Swim Team Pictures

**Thursday July 27, 2017** - CICCA Kick Off/Pasta Night

### **IN TOWN MEETS**

Warm-ups start at 5:00pm, Meets start at 5:30pm.  
Arrive 5 minutes before 5:00pm.

### **SUNDAY MEETS**

Warm-ups start at 9:00am, Diving competition starts at 10:00am.  
Arrive 5 minutes before 9:00am.  
Warm-ups start at 11:30am (approximately), Swimming Meet begins at 12:00pm.  
Arrive 5 minutes before warm-ups.

## PRACTICE SCHEDULE

*Begins Tuesday, May 30, 2017*

### **Monday, Tuesday, Wednesday, Friday**

Swimming 9:30–10:30	10 and under	Diving 10:30–11:30
Swimming 10:30–12:00	11 and up	Diving 9:30–10:30

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### **Thursday**

10:00 – 11:00	All ages swim	No diving
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### **Pre-Team**

*Monday, Tuesday, Wednesday*

12:00–12:30pm

Pre-Team is for those swimmers who can't swim the width of the pool without assistance, they must be able to participate confidently in water activities, is meant for swimmers that intend to join the Swim team in the future. Basic strokes will be taught.

### **Group Lessons**

*Monday, Tuesday, Wednesday*

9:00–9:30am or 12:30–1:00pm

Group Lessons are for those with some water experience, must be able to float on back/stomach unassisted, emphasis will be on front crawl and water confidence.

*NOTE: Need to have a minimum of 3 swimmers signed up for group lessons*

### **Private Lessons**

Private lessons are for those with no previous water experience. Emphasis in water confidence, basic swimming needs; these are available for all swimmers of all levels of experience and will be on an individual basis and time that works for both the swimmer and instructor.

## **Pool House**

Pool Manager: Lynn Thompson

(309) 685-2313